



TELE-HEALTH COUNSELING

Santa Fe Resiliency Center

Many people are struggling with anxiety, depression, and family conflict as we face the effects of COVID-19 together. These situations are often in close quarters with worries for jobs and if our finances can weather an unknown period of time. Some may also experience grief and loss as a result of this pandemic.



Contact us at (713) 222-2525 to schedule a phone or video conference appointment.



Services include Individual & Group Counseling, Family Reconciliation & Intervention, Mediation, Faith-Based services, Play Therapy and In-Person Play Therapy for children who cannot benefit from Tele-Health services. All sessions are HIPAA compliant for your confidentiality.

We have implemented additional safety measures to ensure parents/guardians and their child are the only people in the waiting area as well as cleaning between clients.



Santa Fe families have experienced tremendous complex trauma for the last 3 years - Hurricane Harvey in 2017, the mass violence at SFHS in 2018, and now a 2020 pandemic. Putting off help can cause marriages to fail, children to act in risky ways, and other unpleasant symptoms you should not prolong.

For more information, call 409-218-7129 or email SFRCreferral@innovativealternatives.org

Santa Fe Support - Crisis Hotline
Number - 800-595-0869