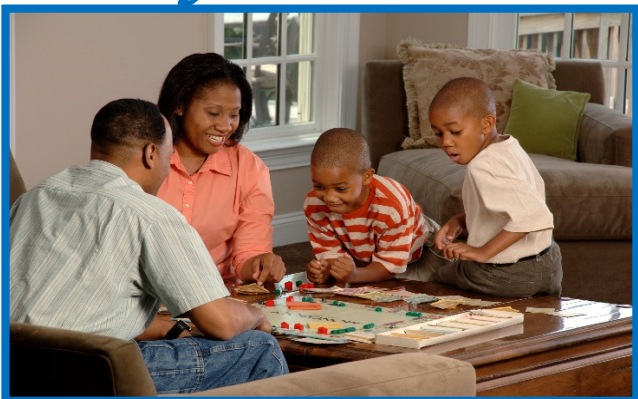


BUILDING BETTER RELATIONSHIPS

Family



School



Work



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Is there any time, any place, or any relationship in which a person does not need good people skills in order to achieve success? Well maybe...



But only if you never invite family over for dinner!

BBR Classes Teach Participants:

- Communication Skills
- Conflict Resolution Techniques
- Initiation of difficult topics without causing others to feel attacked
- De-escalation skills when someone attacks you verbally
- Using these skills will build success in:
 - Family Life
 - Academic Life
 - Work Life
 - Community Life

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